



walking with purpose

THE MODERN WOMAN'S GUIDE TO THE BIBLE

St. Pius X Walking With Purpose KEEPING IN BALANCE

Session 1	10/03/19	Lesson 1: Connect Coffee Talk: Getting a Grip Through Authenticity
Session 2	10/10/19	Lesson 2: Balance Through Authenticity
Session 3	10/17/19	Lesson 3: Balance Through Priorities
Session 4	10/24/19	Lesson 4: Balancing Expectations
Session 5	10/31/19	Lesson 5: Connect Coffee Talk: Getting a Grip Through Relationships
Session 6	11/07/19	Lesson 6: Balance Through Relationships
Session 7	11/14/19	Lesson 7: Balance Through Worship
Session 8	11/21/19	Lesson 8: Balancing in Your Schedule
Session 9	12/05/19	Lesson 9: Balance Through Rest
Session 10	01/09/20	Lesson 10: Connect Coffee Talk: Getting a Grip Through Rest
Session 11	01/16/20	Lesson 11: Balance Through Service
Session 12	01/23/20	Lesson 12: Balance Through Contentment
Session 13	01/30/20	Lesson 13: Balance Through Simplicity
Session 14	02/06/20	Lesson 14: Connect Coffee Talk: Getting a Grip Through Simplicity
Session 15	02/20/20	Lesson 15: Balancing Our Cravings
Session 16	02/27/20	Lesson 16: Balance Through Self-Discipline
Make Up	03/05/20	Snow Day Make Up and Guest Speaker, Kathleen Donnelly, SPX Pastoral Assistant
Session 17	03/12/20	Lesson 17: Balance Through Surrender
Session 18	03/19/20	Lesson 18: Connect Coffee Talk: Getting a Grip When It All Falls Apart
Session 19	03/26/20	Lesson 19: Balance Between Mediocrity and Perfectionism
Session 20	04/02/20	Lesson 20: Balance in Our Thought Life
Session 21	04/23/20	Lesson 21: Balance Through Engaging Culture
Session 22	04/30/20	Lesson 22: Connect Coffee Talk: Getting a Grip in Culture
End of Year Brunch	05/7/20	Salad share and Guest Speaker Nancy Sadock, LMFT, Greenwich Center for Hope and Renewal

No session on 11/28/20 due to Thanksgiving

Assumes 4 week break for Christmas (12/12/20, 12/19/19, 12/26/19 and 1/2/20)

No session on 2/13/20 due to Winter Break

No session on 4/9/20 due to Holy Thursday and 4/16/20 due to Spring Break